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El Placer
An invitation to female pleasure under the guidance of María Hesse.

Female sexuality is probably one of the main unresolved issues of our society, which tends to treat this essential theme for the full development of women with prudishness, ignorance, shyness and intolerance. However, our body is our companion from the moment we are born, and this has been the case ever since the beginning of time, and we have tried to discover its infinite possibilities: as a weapon and a defence, as a source of hedonistic pleasure and artistic inspiration, etc.

María Hesse understands the world of women better than most and with her acute sensitivity she invites us to delve into the pleasure of our bodies, whilst offering us a fascinating portrait of women who, from Mary Magdalene, Cleopatra or Mata Hari to Anaïs Nin or Simone de Beauvoir, have known how to explore the mystery and power of female sexuality.

Sex oh!
My Sexual Revolution
Cartoons, both feminine and feminist, to let people know that we have had enough, and to start visualising situations that all of us women have had to endure as if they were normal.

A book with illustrations and reflections and a style all of its own; cartoons that are combatant in terms of the message that they bring and somewhat naïve in their style, as well as being funny in order to allow us make a stand as women, raise our voices, and say all that we want to say without any complexes or fear of stereotypes. Sexual education, rights, feminism, grievances, situations that are all too common and which we need to start eliminating from our lives.

SPAIN / Lyona
is well known for her feminist cartoons and she is a leading light in the world of illustration.
Women Move Mountains

*Women with an insatiable spirit of adventure.*

Annie «Londonderry», Eva Dickson, Mary Anning and Valentina Tereshkova are just some of the fourteen women in this book who have moved mountains. Explorers, scientists, mountaineers, but above all pioneers, these women went on their own journeys and travelled the world; but they had to lie about their gender and they had to cross hills, skies and stars to get to where they wanted to go. In her own unique and charming style, Pepita Sandwich condenses the adventures of these women and the scandals that surrounded them, and she offers them to us as a source of inspiration that is full of freshness and vitality.

ARGENTINA / Pepita Sandwich

took illustration courses at Central Saint Martins in London and at the School of Visual Arts in New York. She has worked as a designer for different clothing companies and as a cartoonist for several Argentinean and Mexican publications.

Feminism 4.0

*The Fourth Wave*

Following on from the success of *Feminismo para principiantes*, Nuria Varela offers us a new look at something highly topical, a controversial vision of contemporary feminism.

Post-feminism is a term used to refer to a series of very wide-varying positions that can even be contradictory on occasions, but which can be seen as a limitation on traditional feminist positions that presuppose that feminism, as a political movement, has been successful. It defends the personal sphere as a constituent part of the political one. It rejects anger against the so-called dominant patriarchal culture, and it abandons the attitude of suspicion towards the media and popular culture.

It is something very influential because not only does it mark out what feminism and the position of women is, but it also does so by rejecting the relevance of race, sexuality and class in these considerations.

SPAIN / Nuria Varela

is a journalist and a writer. She holds a PhD in Legal and Social Sciences and is the author of *Feminismo para principiantes*, *Íbamos a ser reinas* and *Cansadas*. She regularly participates in national and international congresses as an expert speaker on equality policies, gender violence, feminism and in the media.
Fighting Women Come Together

*Manual of Latin American Pop Feminism.*

*Fighting Women Come Together* is an invitation to participate actively in a topic that is as relevant today as it ever was: feminism. In this book, Catalina Ruiz-Navarro, one of the leading voices of this movement in Latin America, offers a profoundly honest and sharp testimony to mark out a path that deals with the body, power, violence, sex, the activist campaign and love. In turn, a group of eleven heroines, including María Cano, Flora Tristán, Hermila Galindo and Violeta Parra, beautifully portrayed by Luisa Castellanos, raise their voices and show that speaking about feminism is just as necessary as resistance is important. This book is the definitive guide for anybody who wants to talk about what being a woman in the world actually means.

**COLOMBIA / Catalina Ruiz-Navarro**

is a feminist, journalist and writer. She is the editor of *Volcànica*, the Latin American feminist magazine *Nómada*, and her journalistic work has also been published in *The Guardian* and *The Washington Post*. She specialises in journalism with a gender perspective.

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**Pamphlet**

Eroticism and Feminism

*A collection of anti-patriarchal articles, chronicles and essays from the most conspicuous and most irreverent of contemporary Argentinean feminists.*

María Moreno is a key author of chronicles, micro-essay and literature within the «I» genre, but it is in *Pamphlet* that she reveals the most persistent of her intellectual, political, literary and critical interests. Published in magazines and newspapers of differing circulation and varying fortunes over a period of forty years, these articles can be read not only as «notebooks of learning», but also as a documentary record of a movement that would become massive and as a manifesto of insurgency and solidarity.

Gathered now as a corpus, these texts on eroticism and feminism are popular today amongst millions of activists, militants and rebels.

**ARGENTINA / María Moreno**

is a journalist, prose writer and cultural critic, whose texts are published and circulated in every Spanish-speaking country. She is recognized as one of the most original and essential voices in contemporary Spanish prose.
Arts & Culture
Savages of Our Time

In analysing the tense relations between cultural production, capitalism and certain ideologies of today, Carlos Granés offers an accurate diagnosis of the present, and he takes an original look at contemporary art.

Using some telling examples such as the theft of walls and doors with works by Banksy, a transphobic bus that acts as an itinerant installation or the aesthetisation of public space in Catalonia, this splendid essay examines the tensions between culture, capitalism and certain ideologies of today. Art has become politically correct and it has left behind the strategies of the avant-garde, while politicians opt for offensive and shocking tactics to grab the attention of others.

Heretical Eyes

Stories on Beauty for Rebellious Readers

“What is the reference? What do I recognise? Do I understand what I see?”

Gazing and narrating from the essay, from a story, entail playing with a reality that does not necessarily match the world that we can photograph. To look at reality through writing is not just to take a clipping of what we perceive with our eyes on the outside in order for the word to transform into scalpel and substance. Neither is it solely to mentally recreate what we experience or what we elucidate. When we write, we use our eyes artificially to create another reality: the text’s reality. And so, the author offers up essays on Tabucchi, Borges, Frederic Amat, Vicente Rojo, Gabriel García Márquez, Gorbachev, Fidel Castro, Leonora Carrington, Leo Matiz, Melanie Smith, Fellini, Pierre Soulages, Peter Kuper and Saviano.

MEXICO / Santiago Rodríguez Blanco

is a writer, journalist and researcher. He lives and works in Mexico City, though he has lived for long periods of time in Madrid, Siena and New York. He believes in the playfulness of stories, in rigorous critique, and also that the gaze of personal essays always reveals a different reality.
The Essential
A Design Guide for Life

An indispensable book for rethinking our lives through what surrounds us. The theoretical and vital legacy of the greatest Spanish designer, Miguel Milá.

This is not only a book for designers. The practical advice from this award-winning artist who thinks of himself as an «inventor and bricoleur» can change our daily lives, in the same way that the advice of Ferrán Adrià or the rules of Marie Kondo have done. An indispensable work to rethink our lives starting with what is around us. To surround ourselves with useful and beautiful things («a light also spends a lot of time switched off,» argues Milà). To recognize design atrocities (like square sinks or crockery). To understand how to live in harmony with the elements and nature («be useful and they will use you»). To recognize what is truly important («simplicity is complicated to achieve»).

SPAIN / Miguel Milá
has received the Premio Nacional de Diseño and the Medalla de Oro al Mérito en las Bellas Artes. He is one of the undisputed masters of industrial design in Spain. Belonging to the 1950s generation of design pioneers, some of his furniture and lights have become true classics.
Biographies
Saved by Francis

*Inedited testimonies, letters and thoughts of those who managed to survive the Argentinian dictatorship thanks to the braveness of Jorge Bergoglio. A completely unknown face of Pope Francis.*

Which was the relationship that Bergoglio kept with the guerrilla people? Which were his demands before the Army Board? Could he have done more than what he actually did? Was he afraid?

Nowadays, it is difficult to imagine that before he sat on the Vatican throne, he had been an experimented revolutionary activist. But Bergoglio did not hesitate to follow a strategy of simulation and silence, nor to use every tool in his hand to help people flee the country without measuring the risks he was exposing himself to. This revealing book presents inedited testimonies, letters and thoughts of those who could survive thanks to the current Pope’s braveness.

---

**Sincerely**

“This book is not an autobiography, nor is it a list of political or personal achievements. It is a retrospective and a reflection.”

From the pain-free dawn of the day after her last as President to the complex political, economic and social decision-making that lasted twelve years and changed the lives of millions of Argentinians. From the status in which she entered the Argentine Casa Rosada, to the nationalisation of AFJP pension funds. From Nisman’s death to the web that links agents, judges, and prosecutors of the AMIA cause to vulture funds. From the misunderstanding that kept her husband and Jorge Bergoglio at a distance to the eloquent details that reveal the origin of the now-famous letter from San Martin to O’Higgins that was confiscated by Judge Bonadio.

Cristina Fernández de Kirchner presents an intimate survey of the circumstances and moments in her life, the life of her country, and the most controversial and celebrated government in recent Argentine democracy.

---

**ARGENTINA / Aldo Duzdevich**

studied Economics. In 1983, with the return of democracy, he occupied different executive and legislative charges. He has devoted the last years to the research and redaction of the history of 70s Argentina. He has co-authored *La Lealtad: Los Motoneros que se quedaron con Perón* (Sudamericana, 2015), a self-critical book on armed conflict.

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**ARGENTINA / Cristina Fernández de Kirchner**

was President of Argentina between 2007 and 2015. She is currently a senator with a mandate from 2017 to 2023.
**Unknown Hemingway**

*Four secret chronicles about the writer in Peru and in the world.*

The life of Ernest Hemingway continues to be a territory full of expected revelations for those who learn how to penetrate his mysteries and legends. Omar Zevallos uses his own journalistic curiosity and rigor to look into these episodes from the life of the American writer which have gone unnoticed or which have been scarcely dealt with by his biographers: Hemingway’s visit to Peru in the 1950s; the supposed apparition of his ghost at his Finca Vigía home; the Cuban girl with whom he had a secret affair; and his passionate correspondence with the Hollywood diva, Marlene Dietrich. Four stories, four discoveries of an existence that was marked by excess, tragedy, love and books.

**PERU / Omar Zevallos**

has practiced journalism since 1980 as a cartoonist, graphic humourist, reporter and editor of supplements for the newspapers *Correo* and *Expreso*.

**Earthly Passions**

*Love and literature in times of revolutionary struggle.*

Karl Marx frequently said that philosophy and history, thought and common life were his earthly passions, hence the title of this collection of stories, which explores specific aspects of the relationship between work, love and philosophy in the biography of a series of celebrated leftist thinkers. The author especially focuses on the points of inflection that certain encounters with love in the lives of Karl Marx, Vladimir Lenin, Rosa Luxemburg, Walter Benjamin, Antonio Gramsci, Louis Althusser and André Gorz made within their intellectual and political works, as well as on the way we recognise ourselves in them.

**ARGENTINA / Maximiliano Crespi**

is a critic, essayist, university professor and researcher specialising in Argentine and Latin American intellectual history. He has published several books, among them, *La revuelta del sentido* (2018), an Argentine Fondo Nacional de las Artes award-winner.
Life of Hernán Cortés. The Sword

Was Hernán Cortés the blood-thirsty conqueror of Mexico or the first separatist?

In this meeting of the Old World and the New, a confrontation of unfathomable violence, each side sees a barbarian in the other. How to read a culture in which the bonfires of the Inquisition are set alongside the free spirit of the Renaissance? How to understand the refinement of the Aztecs and their practice of human sacrifice? Must we, then, resign ourselves to a serene approach to the story of Cortés? No, absolutely not. This is why the conqueror cannot be reduced to his terrible legend. His personal trajectory is not limited to the two-year Conquest of Mexico. Cortés had a childhood, dreams, ambitions, will and intelligence. He knew both success and failure.

MEXICO / Christian Duverger
holds a doctorate from Sorbonne University in Paris and is a tenured professor of Mesoamerican cultural and social anthropology at the School of Advanced Studies in the Social Sciences (Paris, France).

Life of Hernán Cortés. The Feather

The second part of Hernán Cortés’ biography addresses the last years of the conqueror’s life, in which he is portrayed as a complete intellectual and writer.

The last years of the life of the founder of New Spain have never grabbed the attention of historians and essayists; they had lingered there as a kind of black hole in the life of the conquistador. It was impossible for this man, whose energy had made it possible for him to take power over a nebulous world of 25 million residents, to have been able to fade into the most opaque of anonymities overnight. Something just doesn’t quite make sense about that. And so, Duverger decided to take research where no one had ever done so before.

MEXICO / Christian Duverger
was cultural ambassador for the French embassy in Mexico. He dedicates his time to the study of pre-Hispanic and viceroyalty Mexico and has carried out archaeological works and published corresponding works.
Hollywood Goddesses

This book unveils the fascinating lives of the leading actresses from the golden age of cinema: Ava Gardner, Grace Kelly, Rita Hayworth and Elizabeth Taylor

Indisputable stars in the history of cinema but relegated to a secondary role in their own lives. These pages examine the glamour, beauty, talent and fame of four unforgettable women, but they also reveal the other unofficial story of loneliness, abuse, romantic heartbreak and addictions, eclipsed by the glow of the spotlights under which they dazzled the world.

These goddesses were fiercely human and they paid a high price to reach the top.

Only in Spain, Cristina Morató’s books have sold more than 165,000 copies!

SPAIN / Cristina Morató

is a journalist and writer. She has travelled the world searching for stories in Latin America, Asia, Africa and the Middle East. Her interest in recovering great historical women from oblivion has led to the books Viajeras intrépidas y aventureras, Las reinas de África, Las damas de Oriente, Cautiva en Arabia and Divina Lola.

Julio. The Biography

The biography of the most influential Spanish artist of the last five decades.

We are now celebrating the 50th anniversary of the debut of the most international Spanish artist of all time with a biography narrated by an author who knows him very well. From his origins up to the present day, the life of the world’s top-selling Latin artist of all time, from the USA and Latin America, to Japan and China. This book examines his professional success, his family, the women in his life, his children, money, politics, his health, urban legends about this megastar...

A complete and sincere biographical sketch of a unique phenomenon.

SPAIN / Óscar García Blesa

is a music expert with more than 20 years of experience working in Spanish multinationals. He was in charge of RCA Records and was the marketing director for Warner Music. In the last few years, he has concentrated on the digital sector, launching the streaming service Napster in Spain. He has also taught marketing (geared towards the music industry) for several years. He has worked with artists such as The Strokes, Santana and Green Day, among others. He is also the author of Alejandro Sanz’s biography.
A Good Fortune

The story of a Colombian ballet dancer who overcame many obstacles before realizing his dream: to become one of the leading figures of The Royal Ballet in London.

When he was a child, Fernando Montaño decided he wanted to become a professional ballet dancer, and today he is one of the leading stars of the Royal Ballet in London. However, getting there has not been a bed of roses. In this book and for the first time, Montaño tells us about all the adversities, failures and episodes that marked his life until he left Buenaventura, one of the poorest areas in Colombia, to come to Europe. This is an inspiring story that talks about realizing one’s dreams and about poverty, resilience, racial discrimination, discipline, talent and art.

The book has been prefaced by the British Royalty Lady Gabriella Windsor.

Journey to the Land of the White

The odyssey of a boy who risked his life for a better future.

«I wanted to be white or a pilot or an engineer. Everything but black.” Ousman Umar was born on a Tuesday. He does not know which year or which month because those things are meaningless in his tribe. He was raised in the African savanna, where he had to walk seven kilometers every day to go to school and also work as a shepherd. Until he saw an airplane flying one day and his curiosity pushed him towards a journey to “the land of the white”.

He crossed the Sahara on foot for four years, the sea on a dinghy and saw how most of his journey companions died, including his best friend. He arrived to Barcelona when he was seventeen, where, after a few days sleeping in the streets, he was adopted by a family. He learned Spanish and Catalan, informatics, did A levels and University entrance exam. He is currently pursuing two university degrees and has a NGO that helps young people in Ghana.

Una buena ventura

Fernando Montaño

Grijalbo

Pages: 230
Pub. date: February 2019

COLOMBIA / Fernando Montaño

is a ballet dancer from the Colombian town Buenaventura, and soloist with the London Royal Ballet. He is the first Colombian to dance with the company having joined them in 2006, he works regularly with the fashion designer Vivienne Westwood, and produces and choreographs his own shows around the world.

SPAIN / Ousman Umar

was born in Ghana and emigrated to Europe when he was seventeen. In 2012 we founded Nasco, a NGO through which he helps the spread of education in his homeland.
Sciences
Science Without Fiction

Six stories that show us that science is also culture, and something tremendously attractive when properly treated.

This very interesting collective work uses the attractiveness of storytelling to present stories in which highly-topical scientific concepts and developments are intertwined with the story of their discovery and the presence of the main characters. The aim is to add a note of humanism to science – resulting in a truly concordant composition -and these pages take us behind the scenes of scientific research and innovation, giving us an insight into some aspects that are not usually covered by newspapers and magazines.

In basic terms, this essential compilation gives us a look at the more fascinating side of science through a wide variety of approaches.

Let Science Show the Way!

A book to disseminate science in a pure and healthy way: the most effective antidote against hoaxes.

Homeopathy, religions, healers, flat-earthers... In our everyday lives we encounter a myriad of alternative trends and superstitions that we have taken for granted for far too long. However, very little of the information contained in these has been backed up by serious scientific studies that can testify to their veracity. Rocío Vidal, a journalist and propagator, launched her Schrödinger’s cat video channel to uncover scams, myths and cases of pseudoscientific quackery, and she continues her crusade in this book.

Rocío Vidal

Plan B
Pages: 256
Pub. date: September 2019

SPAIN / Rocío Vidal

is a journalist and publicist who holds a Master in Scientific Communication from the University of Barcelona. In 2018 she founded the YouTube channel, La gata de Schrödinger (Schrödinger’s cat), which she uses to disseminate content on science and sceptical thinking with a marked touch of humour and social criticism.

Ciencia sin ficción

Jesús Méndez,
Pere Estupinyà,
Javier Salas,
Sergio C. Fanjul & Belén Gopegui

Debate
Pages: 272
Pub. date: September 2019

¡Que le den a la ciencia!

Rocío Vidal

SPAIN / Jesú Méndez
doctor, scientist and journalist.

SPAIN / Pere Estupinyà
biochemist and journalist.

SPAIN / Javier Salas
journalist.

SPAIN / Sergio C. Fanjul
astrophysicist, poet and journalist.

SPAIN / Belén Gopegui
writer, novelist and screenwriter.
Black Sun

The renowned Chilean astronomer examines the scientific and social importance that eclipses have had throughout history.

What is an eclipse? How many types of eclipse are there? What do we need to know in order to understand eclipses such as those of 2019 and 2020 in the north and south of Chile? Mario Hamuy offers some very clear answers to these and other questions in *El sol negro*.

He does this by taking us on a trip that starts with the first observations of the sky by the Babylonians, and which then continues with the development of modern astronomic science, culminating in the 20th century with the confirmation of the findings that Albert Einstein put forward in his Theory of General Relativity. How did Einstein manage to come up with his theory? It was thanks to the observation of a solar eclipse that crossed part of Latin America and Africa in 1919. According to the author, without this event, we would not be able to explain phenomena such as black holes, gravitational waves, the importance of GPS or Big Bang.

CHILE / Mario Hamuy

has an MA in physics and a PhD in astronomy. His main research areas are novas and supernovas.
Why Is Your Brain in Your Head?

An erudite chronicle and a cultural reflection on the respect and destiny of mortal remains, memory and the forgotten.

Maldonado’s interest and curiosity led him to try to understand the most complex system in the universe, and so, he decided to address these questions. He indicates to us that, for example, the diverse areas of the brain do not have one sole function, that the “Mozart effect” is nothing but a “neuro-myth” and that our visual experience is nothing more than a mental construction. There you have it: his aim is to share everything he knows about this astonishing and complex biological machinery, one able to execute an infinite amount of diverse functions and also be the machine that distinguishes us as diverse, unique persons.

CHILE / Pedro Maldonado

is the head professor of the Neurosciences department in the School of Medicine at the University of Chile. Having earned his PhD at the University of Pennsylvania and his post-doctorate at the University of California-Davis, he is currently a researcher at the University of Chile’s Institute of Biomedical Neuroscience and Neuroscience Centre on Memory.
The Enemy Knows the System

*Everything that you did not want to know but which you need to know about power, the economy, society and telecommunications in the information age.*

The Internet is not free, open or democratic. It is a series of servers, network switches, satellites, antennas, routers and fibre-optic cables controlled by an increasingly smaller number of companies. Its technology is hidden, buried, submerged or cloaked in a language that has been designed not to assist our understanding, but rather to confuse us even further. The enemy knows the system, but we unfortunately do not.

This book will help you to get to know the system, and to understand why the most democratising tool in history has ended up as a machine of vigilance and mass manipulation.

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We Haven’t Understood a Thing

*A book about the challenges faced by the media in the digital age.*

This book examines a number of cases that have gone viral on social and mass media as they try to attract users - regardless of the cost - and it helps us to understand how the digital revolution has affected the way that news is produced and consumed, now that Google and Facebook have a monopoly over the attention that previously belonged to the press.

By applying the rigorous methodology that one associates with classical journalism, but also making use of digital tools and resources, Diego Salazar invites us to carefully and clearly navigate this algorithmic ocean in order to prevent ourselves from falling prey to propaganda networks, post-truth and fake news. This book will also help us understand that journalism is not condemned to disappear, but rather it shows us that it must adapt.
Seven Habits of the Misinformed
How to Get Informed and Make Decisions on Social Media

How do social media change the way we are informed and how we make decisions?

Never before have we had so much information available to us. Thanks to the Internet and the social media networks, we make decisions which we perceive as being correct, ranging from the purchase of cheaper air tickets to major financial investments. However, are the algorithms truly programmed to help us make the right decision? Based on actual cases, this book unveils the habits that govern the way we behave on social media - nepotism, a craving for information, scepticism or activism - and it offers some practical tools to help us improve the way we access information and how we make decisions.

SPAIN / Marc Argemí
is Managing Partner of Sibilare, a consultancy firm that specialises in communication and Big Data and which designs and directs social-media analysis for media outlets, institutions and companies. He is the author of El sentido del rumor and Rumors en Guerra.

Wars of the Inland
Joseph Zárate entangles three chronicles that denounce the social, economic, political and environmental wars that explode in Peru.

A man who fights illegal logging in the Amazonian community of Saweto is shot to death by wooden traffickers. A farmer and shepherdess from the Andes is reluctant to abandon what she considers her property despite the presence of the Conga mining project, which seeks to extract gold from the same boundaries. An eleven-year-old appears bathed in oil in a photo that accounts for the spill that contaminated the community of Nazareth and their river.

These chronicles illuminate the personal, psychological and emotional wars of men and women who stand up for their lands, customs and identities.

PERU / Joseph Zárate
is a journalist and a publisher. He holds a degree in Social Communication and a master’s degree in Literary Creation. In 2018, he received the Ochberg grant from the Dart Center for Journalism & Trauma of the Journalism School of Columbia University in New York. He is a teacher of Literary Journalism at the Peruvian University of Applied Sciences.
Consensual Invasion

The tale of the relationship between Cuba and Venezuela over the last 16 years is the story of an unlikely and unusual colonisation: a consensual invasion.

Cuba, the island with the most fragile economy across the American continents, has managed to develop significant influence over the country with the world’s largest oil reserves. High-ranking Cubans have not only managed to get a subsidy from Venezuela equivalent to the help they receive from Russia, but have also penetrated power structures to the point of having advisors in the President’s offices and throughout practically the entire Venezuelan government.

Brothers Fidel and Raúl Castro have neither had to insist not to fire a single shot to get it. The odd thing here is how the Venezuelan government has voluntarily submitted to this regime in such a way that the geopolitical world has likely never seen before.

Guerracruz

The Corner of the World Where Evil Hordes Make Their Nest

Each and every one of Mexico’s social problems can be found in Veracruz: murders of journalists, narco-terror, forced disappearances, political corruption, abuse of power by police and the military...

Violeta Santiago’s investigation reveals to us the very innards of a region of Mexico that has been characterised by its cultural riches, work and development for many years. Yet now, it is a war zone with drug trafficking, extortion of various kinds, kidnapping and corruption at all political levels. Moreover, this state is home to the most deaths of and attacks on journalists, the largest pit dug by drug traffickers serving as a mass grave and the biggest embezzlement scandal during the last six-year term led by PRI administration.

MEXICO / Violeta Santiago

was selected in the first journalism MashUp organised by ARCA and Bengala in 2014. In 2016, she was chosen to be part of Distintas Latitudes’ and Factual’s Second Generation of the Red de Jóvenes Periodistas Latinoamericanos. In 2018, she received the Regina Martínez prize from the Colectivo Voz Alterna in Xalapa, Mexico. In addition to working for other media, she has been a correspondent for the Diario Presencia newspaper for four years.
El Chapo Guzmán. The Judgment of the Century

A grim and unrelenting portrait of “El Chapo” Guzmán in the United States courts. A review of his narco trafficing activities, of revenge and the connections between politicians and criminals.

“El Chapo” Guzmán is one of the most-wanted drug traffickers in the Mexican and United States justice systems. This book depicts the revealing landscape of this drug lord’s activities, connections and the cartels he wiped out in his struggle to rule the drug business. Journalist Alejandra Ibarra, present in the courtroom, gives her review for the first time, sharing the profiles of those who worked with Mexico’s most famous kingpin and exposed him. This book also uncovers his passions in addition to details never brought to light before about his escapes, lovers, hit men and the terrible war he fought with the army and other organised crime leaders.

MEXICO / Alejandra Ibarra Chaoul

has worked together with media in the US and Mexico on investigative reports. In 2014, she was selected as one of the ten young writers with the most potential for the first edition of Balas y Baladas. In 2017, she was a finalist for the Nuevas Plumas International Journalism award.

The Trial

A Chronicle of the Fall of «El Chapo»

The trial of «El Chapo» is the trial of the biggest Mexican drug trafficker in history. Here is how Joaquín Guzmán watches his story of crime, money and impunity fall to pieces.

For the first time, every detail on how Joaquin Guzmán was able to manage an empire worth billions of dollars is revealed first-hand by its own leaders. Government corruption was also made plain to see during this trial. It was made clear that in order for the cartels to operate, they need the active collaboration of government leaders, police officials and bureaucrats. A story of betrayal, brutality, cowardice, fear and crime. The reporter traces the lines between the trial’s ebb and flow from one day to the next, telling the story of how an empire was brought down with a man who, at one point, had been one of the most powerful men on earth.

MEXICO / J. Jesús Esquivel

is a news correspondent in Washington D.C. He has worked as a political analyst for multiple radio and television channel programmes such as the United States’ National Public Radio, CNN, Univisión, Al Jazeera, Venezuela’s Telesur and Colombia’s RCN.
The Neymar Case

This detailed chronicle of a long judicial process contains lots of new and hitherto unpublished information about one of the most clamorous scandals to hit the football world in recent years.

The intense rivalry between FC Barcelona and Real Madrid, the greed of the footballer himself and his environment and the huge sums of money that today’s leading top soccer stars can move, land the Catalan club and Neymar Jr, accompanied by his famous father, in the courts.

Neymar’s signing is more than a simple story about the (more or less ethical) manoeuvrings of FC Barcelona to win the international dispute for the player without actually going to war. This is also the story of a modest employee of the Sao Paulo bus network who took advantage of his son’s skills to become a millionaire, and who seems willing to go to almost any lengths to continue adding to his wealth.

SPAIN / África Semprún

has developed her professional career as a news editor in the business and finance, investigative reporting and international economics sections of the newspaper elEconomista, and as macroeconomics and politics editor with the newspaper El Mundo.
A Visual History of Intelligence

A compelling story about the adventure of human intelligence.

For José Antonio Marina, one of Spain’s great thinkers, philosophy is the study of human intelligence, its limits, its possibilities and its creations. To a certain degree, it is a reflection on human evolution in the same way that education represents its implementation. And in this work, a very visual book in two colours with illustrations by Marcus Carus, Marina summarises his thinking and offers key insights that can help us understand the evolution of intelligence from the origins of humanity to the challenges of the future provoked by artificial intelligence.

SPAIN / José Antonio Marina

is a philosopher, writer and pedagogue. A Professor of Philosophy on leave of absence from La Cabrera Institute in Madrid, he was awarded an honorary doctorate by the Polytechnical University of Valencia. He set up the Educational Mobilisation movement as a result of his interest in practical philosophy, and he heads the Fundación Universidad de Padres (Parent University Foundation). He also directs the Centre for Studies in Educational Innovation and Dynamics.

Time in Memory

Modern societies are built upon a shared memory, although it more closely resembles a structure in their shared imaginations.

In this new book, the renowned essayist from Chile addresses a concept from diverse perspectives that has been the subject of public conversations in recent years. Making use of the relationship between remembrances and memory, together with time and identity, he discusses the way in which the most notable modern and contemporary philosophers and intellectuals have thought about memory and its relationship to identity, history and what it means to forget.

CHILE / Carlos Peña

is the dean of Diego Portales University and an academic in the Faculty of Law at the University of Chile. He is a lawyer and also did postgraduate studies in sociology and a PhD in philosophy. He currently writes a column for the Chilean newspaper El Mercurio and is the author of several successful essays.
A Secret Map of the Forest

A captivating meditation that invites us to face up to the challenges of the 21st century by wandering off the beaten path.

In nineteenth-century Europe, a large number of artists and philosophers—Rimbaud, Beckett, Baudelaire and many others—would spend hours wandering around with no purpose other than to observe the world and reflect on things. Jordi Soler wonders what has happened to those times: in the 21st century, we are not used to analysing reality and questioning it, but rather we accept it as it is explained to us. Through inertia, we contribute to an imposed economic system, we give up our freedoms in exchange for security, and social media isolate us and tell us how to live.

On these pages, Jordi Soler gives the reader a chance to re-encounter the simple side of things and reminds us of the importance of seeing, becoming aware and imagining.

SPAIN / Jordi Soler

works as a newspaper columnist and he has written two books of poetry and eleven novels, which have been translated into several languages. His first novel established his reputation as one of the leading literary voices of his generation. His works include Los rojos de ultramar, Diles que son cadáveres and La fiesta del oso.
Business Motivation & Health Improvement
We Are What We Talk About
The Healing Power of Talking to One Another and to Ourselves
An interesting, moving and essential text on the importance and benefits of talking in order to communicate with one another and with ourselves.

Speaking is the most efficient human activity in terms of protecting self-esteem, managing our life programme, coexisting with one another and enjoying affective relationships, and facilitating our physical, mental and social wellbeing. It is, therefore, very closely linked to good health and satisfaction with life.

In this informative essay, the renowned psychiatrist Luis Rojas Marcos shows us the fundamental role that language plays.

SPAIN / Luis Rojas Marcos
moved to New York where he specialized in Psychiatry and received a PhD in Medical Sciences. In 1992, he was appointed Head of the New York Municipal Services of Mental Health, Alcoholism and Drugs. He was Head of the New York City Health and Hospitals Corporation from 1995 to February 2002. He is currently Professor of Psychiatry at New York University and a member of the New York Academy of Medicine.

Healing Minds to Put the World Right
An anthology of articles and interviews by the renowned Chilean psychiatrist.

Organised in twenty chapters and divided into two parts, this book brings together texts and talks about all those issues related to the teachings of the Chilean author. Topics such as the awakening of consciousness, love, the paths towards changing and developing an ailing society, working on oneself, the Apollonian and Dionysian concept, the integration between the spiritual and the therapeutic.

This excellent compilation offers a rather comprehensive overview of the teachings and wisdom of Claudio Naranjo

CHILE / Claudio Naranjo
studied Medicine, Psychiatry and Music. A lecturer and researcher in different areas of human knowledge, he has distinguished himself with his work which integrates traditional and scientific wisdom with the historical, anthropological, sociological, psychological and spiritual knowledge of humans. Naranjo has authored 19 books, most of which have been translated into several languages. He is one of the world’s most renowned psychiatrists thanks to his studies on drugs, transpersonal psychology and his analysis of the Enneagram.
The Storyboard Method

A striking project that teaches a new method to people who want to perfect the art of presenting ideas.

This book is about a unique method that is easy to use, and changes the way people create presentations and makes them much more effective. It is based on the experience developed in various countries with universities, researchers, government agencies, health facilities, multinational companies and entrepreneurs. And it brings the solution to a growing problem: the difficulty of communicating ideas clearly and convincingly in the midst of a noisy avalanche of data and information.

The method guides us define the audience, develop content that’s right for that audience, and then organize the content into a sequenced storyline and visualize it using the technique of the storyboard.

ARGENTINA / Federico Fros Campelo

is a scientist and international speaker. His publications include El cerebro del consumo and Ciencia de las emociones.

Emotional Maps

What does your personality consist of? What are the specific components that create your self-esteem? What triggers your anxiety?

Emotions contain certain processes that we do not always notice at first glance even though we act on them unconsciously. Beneath our everyday decisions and motivations, there are emotional mechanisms at work that can help to explain our feelings. This book completely transforms our understanding of how emotions work. In a simple and practical way, Emotional maps offers resources to manage our emotions, based on the latest discoveries in neuroscience.

ARGENTINA / Federico Fros Campelo

is a scientist and international speaker. His publications include El cerebro del consumo and Ciencia de las emociones.
Collective Stupidity  
*Everyone can come up with an idea but only a few will have the courage to put these ideas to the test.*

We have been infected by a serious illness known as collective stupidity, allowing ourselves to be fooled easily by the immense flow of information to which we are exposed each day. We have started to believe false news and sensationalist articles, and we have fallen under the spell of the illusions projected by social media. We have filled ourselves with legends and paradigms that make us lazier and lazier, more idealistic and less willing to try and overcome the obstacles that life and endeavour bring.

**COLOMBIA / Julián Torres Gómez**

is the CEO and founder of Fitpal, the largest gym company in Latin America. This company has more than 600 associated training centres and it offers more than 90,000 classes. Torres has lived and worked in China and he has set up a number of companies; he also worked at INQLAB, one of the most important start-up incubators in Colombia.

**Insight on the Couch**

*The Hidden Inner Voices of the Consumer*

«This book is an experience. It is a literary and scientific experience that offers a fresh ironic look at insight in a similar way to that in which a black box is capable of guiding all our movements when advertisers are trying to create a strong bond between a product and the mind of the consumer».

What is really hidden behind an insight? In *Insight on the Couch*, Carlos Dulanto answers that question by bridging the gap between advertising and psychology, and by using this rapprochement, he examines the deepest impulses that advertising is capable of awakening in the consumer.

**PERU / Carlos Dulanto**

is a consumer neuroscientist and human behaviour researcher. He lectures at the ‘La Cocina’ creative school in Mexico, writes articles for Roastbrief and for Marketing News in Colombia and is an international conference speaker. He is a Professor at the UPC Graduate School and an Academic Leader at the Monterrey Institute of Technology (ITESM) in Mexico.
Shopping Fever
73 keys to Responsible Consumption

What is it that we consume? How do we consume it? And in what quantities?

With each act of consumption, we are supporting a form of production and activating a supply chain that benefits some companies that might be contributing to social, environmental, economic, labour, cultural and/or political abuse. Brenda Chávez points out the basic guidelines that we should follow to make sure that we consume in a conscientious manner. Shopping Fever is as practical as it is suggestive and it invites us to reflect on the impact that our choices can have whilst highlighting some of the alternatives that we usually disregard but which we have fully within our reach each day.

SPAIN / Brenda Chávez

a journalist specialising in sustainability and culture issues, started her career at Vanidad magazine, where she was editor in chief. She held this same position at Vogue and she was also Deputy Editor of Cosmopolitan. She collaborates with El País, Yo Dona and Elle, among others.

Zero Waste to Save the World
The complete guide to leading a sustainable lifestyle.

This illustrated manual offers all the basic advice and tricks that you need to have to enter the world of Zero Waste, a lifestyle that has created a trend and which consists of eliminating the use of plastic and generating less waste, and essentially, living in a more conscious way in order to have a lesser impact on the environment. This book will show you how to introduce small habits –from recycling to shopping in a more sustainable way– to help you join the Zero Waste revolution.

SPAIN / Ally Vispo

is one of the leading experts on Zero Waste in Spain. She has participated in a TEDx event on the topic and she is the author of the book Simplemente Consciente.
Health & Nutrition
Keep Your Brain Fit
Raquel Marín brings together several aspects about progress in some healthy guidelines and plans for our brain.

A practical book, full of recipes, all of which have been created and prepared by the author, together with a nutritional count of each of them. The book includes plans for different moments of our lives, different needs and requirements of mental and emotional activity, and is designed to be reader-friendly.

SPAIN / Raquel Marín
is a neuroscientist. She studied biochemistry and molecular biology. She worked as a researcher at Rockefeller University (NY).

Feed Your Brain
The essential book on nutrition and the brain. A practical guide to neurofoods and healthy habits to strengthen your brain so you never stop being yourself.

Raquel Marín explains what makes up the brain, how it works and what we should eat to keep it young. Facts and fictions about intelligence: brain capacity, the generation of neurons, how our brain changes throughout our lives and tips for rejuvenation such as physical exercise, fresh air, a positive attitude, social relationships and dietary change. Raquel Marín also talks about the relationship between the brain and the intestine, and how the latter is also to blame for some neurodegenerative diseases. This book includes a list of healthy foods, special diets, brain recipes, traditional dishes adapted to the needs of our brains, as well as a Brainometer for eternal youth.

SPAIN / Raquel Marín
received the Women in Biomedicine Prize (Université Laval), the Agustín de Bethencourt Research Prize, and the Gold Medal for Merit in Work from the European Association of Economy and Competitiveness.
Take Care
The Keys to Balance Your Body and Transform Your Health

This title includes the main contents of the best seller Transform your health (more than 100,000 copies sold only in Spain!) through Xevi Verdaguer’s vision of integrative medicine.

In day to day life, we suffer different aches and pains that we treat individually with medication: migraines, chronic pain, fatigue, menstrual pains, muscle cramps and anxiety, among others.

This book sets out a revolutionary way of thinking about how our bodies work that will change the way we understand our health and improve it radically. The secret: nutrition, supplementation, physical exercise, stress management and the reduction of toxic products.

Shaman Plants
Journeys in Therapeutic Aromas

An exploration of the therapeutic features of diverse aromas.

How might the smells of plants influence our general wellbeing? Through what process do plants transmit their perfumes? What powers do aromas have and how do they allow us to enter into other states of consciousness? Why might we consider a plant’s aroma to be its «voice» or «soul», and our communication with them to be «an intimate journey»? Shaman Plants is an educational illustrated book. It is an invitation to explore self-knowledge, a guide to learning to receive aromas that will lead us to another kind of healing and a manual of the therapeutic characteristics of these plants: their story, tradition, tangible properties, including first-hand witness testimonies of diverse healing experiences.

Cuidate
Las claves para equilibrar tu cuerpo y transformar tu salud

Xevi Verdaguer

Grijalbo
Pages: 264
Pub. date: September 2019

SPAIN / Xevi Verdaguer
is a physiotherapist, psycho-neuro-immunologist and health expert specialized in acupuncture, osteopathy and integrative posturology. Starting his career as a physiotherapist, he saw that his knowledge of health was insufficient for his patients, so he decided to specialize in craniomandibular and craniocervical disorders. His holistic vision of healthcare has made him a top level professional.

CHILE / Sylvia Galleguillos
is a Feng Shui master. She has provided consultation for hundreds of companies and organisations in Chile and England. The founder of the Osmanthus aromatherapy centre, she teaches holistic aromatherapy at the International Federation of Aromatherapists and directs an aromatherapy project for children with HIV in Chile and Peru on a volunteer basis.
Parenting & Education
Parenting With Science

This book teaches children how to manage their emotions, develop concentration, and increase their self-esteem in a healthy way.

Exercising the minds of children should be as important as looking after their bodies. Behaviours such as agitation, tantrums, jealousy and feelings of insecurity, on the one hand, and children’s difficulty to develop an attention span, on the other, are all a reflection of our stress-induced habits.

By using stories, meditations and simple explanations in their everyday activities, children will learn to seek happiness from within and to prioritize their thoughts in order to focus on the here and now. The book also includes 16 audios and 5 videos with exercises and guided meditations to help parents interact directly with their kids.

CRIANZA con ciencia

Marcelo Lewin & Irene García

Pages: 288
Pub. date: September 2019

Parenting Boys to Be Feminist

This is a much-needed book that shows how the new masculinities are the tool to change gender stereotypes.

Families and educational centres are not alone in providing education. Films, TV series and literature can educate as well; advertising educates and the same goes for the media, Internet, influencers, our local newsstand, etc. Even our bachelor uncle can be a source of education. So, what impact does all this have on the education of boys? The solution is to be found in the new forms of masculinity and the new ways of being a boy or a man. Women (who will cease to be victims of an unequal society) are not the only winners in this scenario, but rather this is something that also benefits children, men, and at the end of the day, society as a whole.

CÓMO EDUCAR A UN NIÑO EN EL FEMINISMO

Iria Marañón

Pages: 272
Pub. date: February 2020

Teaching Boys to Be Feminist

This book teaches children how to manage their emotions, develop concentration, and increase their self-esteem in a healthy way.

Exercising the minds of children should be as important as looking after their bodies. Behaviours such as agitation, tantrums, jealousy and feelings of insecurity, on the one hand, and children’s difficulty to develop an attention span, on the other, are all a reflection of our stress-induced habits.

By using stories, meditations and simple explanations in their everyday activities, children will learn to seek happiness from within and to prioritize their thoughts in order to focus on the here and now. The book also includes 16 audios and 5 videos with exercises and guided meditations to help parents interact directly with their kids.

Parenting Boys to Be Feminist

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SPAIN / Marcelo Lewin & Irene García

have been running TodoPapás for the last 13 years. This website for parents now receives more than 4,200,000 visits each month.
Educat sin perder los nervios

Tania García Vergara

Pages: 384
Pub. date: January 2019

Educat sin perder los nervios

Tania García Vergara

Pages: 384
Pub. date: January 2019

SPAIN / Tania García

is a writer and one of the leading Spanish specialists in education based on respect and coherence and founded on scientific research. She has combined her studies in pedagogy with a large body of research work over the course of more than two decades.

SPAIN / Myriam Sayalero

(1968) is a journalist and the director of Adosaguas Contenidos Multiplataforma a services, content and editorial projects company.

SPAIN / Mercedes DeBellard

is a freelance illustrator who specializes in creating ultra-realistic and highly colored portraits of pop culture icons.

Have you ever said or done things to your children that you have later regretted? Do you know how to relate to them, or do you think that you lose your temper far too often?

This book marks a before and after in the way of understanding the world of the family and the world of education: it sets out a child-rearing method based on respect and a real understanding of the emotional and development needs of boys and girls.

It shows us how to truly understand the emotions of parents and children; how to know what to do at those moments when children (and parents) express rage, anger and frustration; how to educate with serenity and coherence even in the face of adversity; in order to help children acquire a high level of self-esteem; know what they should do when they are under stress, aggressive or when they feel afraid.

A Personal Pregnancy Diary

A very special illustrated album about pregnancy: topical, honest and tender.

In this book, written in a spontaneous and often emotive tone, a mother in her thirties tells us about all that she felt and everything that happened to her each week throughout her first pregnancy. Accompanied by the wonderful illustrations of Mercedes DeBellard, the protagonist uses a first-person narrative to describe the physical and emotional changes, her dreams, doubts and fears, but also her most visible reality: the first test, the ultrasound scans, the symptoms, her maternity wear... This is a diary for all mothers to be (and fathers, family members etc.) who want to experience this exciting stage of life from a direct and vibrant perspective.
Cool Cooking
**Green Fires**

*The first vegetarian cookbook by Francis Mallmann, one of the most influential in Argentina and one of the most prestigious in the world.*

*Green Fires* is dedicated to fire and vegetarian cuisine. Faithful to his style, with this new book Mallmann reinvents himself. He moves away from the flesh and pays tribute to the universe of vegetables, now converted into a variety of dishes as creative as delicious.

Mallmann’s irreverence blows the myths that want to spread a bad reputation for vegetarian cooking away. They say it is insipid, that it has no textures or flavours, that it does not look delicious and does not give enough nutrients. Through this book, Francis Mallmann’s famous fires are in charge of revealing the potential of vegetables in 80 culinary gems able to conquer even the most skeptical diner.

**ARGENTINA / Francis Mallmann**

is the most popular chef in South America, and the world’s biggest exponent of wood-fired oven cooking. Cooking tv-star during more than 30 years, he has restaurants in Argentina, Chile, France, the Unite States and Uruguay; those are always in the most prestigious lists of the best restaurants of the world.

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**Bravazo!**

*More than 600 Recipes by Gastón Acurio*

*Thirty-four restaurants in eleven countries make him one of the most influential chefs worldwide. More than 80,000 copies sold only in Peru.*

This cookbook invites curious gourmands to enjoy the taste of home-cooked cuisine. Its best background are the homemade recipes that come from the secrets of those members of the family who made the act of cooking a true art. It includes more than 600 recipes of Peruvian gastronomy that offer essential techniques and shortcuts to transform basic ingredients into unforgettable dishes. Now, everyone can make use of an internationally famous chef’s expertise to become an artist in their own kitchen.

**PERU / Gastón Acurio**

is the greatest promoter of Peruvian cuisine in the world, and one of the creators of the Lima Gastronomic Festival called Mistura, which is one of the three most important globally.

**AWARDS**

*Businessman of the Year* 2005 awarded by the magazine América Economia; UNICEF “Goodwill Ambassador” 2010; named one of the 20 most influential chefs in the world by Madrid Fusión 2011; Global Gastronomy 2013, in Stockholm; Premio Antica Corte Pallavicina 2011, in Italy.
Preserves

The first book dedicated exclusively to preservation techniques and recipes with preserves and fermented foods.

Preserves is a book about preserves and it includes safe methods, simple recipes and a small and accessible manual to help us keep and store the very best that each season has to offer and then enjoy these throughout the year. The book contains some classic and traditional recipes as well as some more recent preparations, which will help us to consume and participate in our own nutrition in an active, intelligent and sustainable way. There are 75 recipes based on more than 45 products from the four seasons. Fermented foods, pickles and vinaigrettes, sauces and concentrates, syrups, jams and marmalades, pestos and terrines, vinegars and liqueurs, dehydrated and dried foods, and lots more.

Conservas
Garage Gourmet
Grijalbo
Pages: 256
Pub. date: May 2019

URUGUAY / Garage Gourmet

is its two formats - portal web and gastronomic fair – seeks to disseminate and spread the desire to approach food in a more realistic manner by cooking and enjoying homemade food, and bringing back procedures and methods where the emphasis is placed on the goodness of local and craft products.
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